

PAU concludes Semester One Last Harina for Semester One

We have come to the end of the Semester and by God's grace he continues to lead the "Ship of PAU" through uncharted waters. Throughout Semester One PAU has achieved and progressed in many of its strategic plans and focus. Below we bring you just some of the Harina news headlines for Semester One:

- First Impressions last!
- Pacific Adventist University welcomes all of you
- Luksave Night showcases culture
- New Postgraduate Studies Room
- PNGUM welcomes first years
- Be "Agents of Change"
- "Follow the Bible"
- PAU Library reflects PAU vision to be technologically relevant
- 'NEW START' - The way to live
- PAU plans 25th anniversary celebrations
- PAU Fun Run
- Student completes research thesis on occult in PNG secondary schools
- Human geography class visits settlements
- Women encouraged to pursue Higher Education
- Gender-Based violence topics debated
- Research grant guidelines presented to PAU
- Dr Thiele attends Annual Teachers College Principals Conference
- Dr Geoff Gibson dies
- Geography class visits corporate offices
- Theology students present scientific topics

This is the last edition of *Harina* for this semester. We thank you all for your support. We will be back on August 5, 2009 | Semester 2 begins on 30th July 2009. |

PAU CELEBRATES 25 Years:

August 28th - 30th. Be there!

(From the Harina Team).

MoA signed between PAU and 3ABN (PNG)



PAU VC Dr Branimir Schubert and 3ABN Network PNG representative Mr Aho Baliki seal the agreement with a handshake.

By Vagi Vele

ON 28TH MAY 2009, A MEMORANDUM OF AGREEMENT WAS SIGNED BETWEEN PAU AND 3ABN BROADCASTING NETWORK PNG. The agreement states that 3ABN PNG agrees to allow PAU to transmit its FM Radio signals for the new radio station to and from the 3ABN tower property located at Burns Peak. The MoA further states that PAU will conduct the signals under the following conditions, PAU will be responsible for purchase, installation, repair and maintenance of all equipment that will be on site for PAU's radio transmission purposes, PAU will be responsible for

all its electricity and costs incurred by its radio transmission at Burns Peak, PAU will be responsible for insuring any of its equipment located on site, In lieu rental payments, PAU agrees to allocate a one-hour weekly slot for 3ABN PNG programs, that access to the 3ABN PNG tower be permitted to PAU technicians at any time for purpose of radio transmission activities and this agreement will be reviewed after 12 months.

The signing took place at the PAU boardroom in the presence of PAU Radio Committee Members and PAU administrators. ¶

Taking Responsibility for Your Actions

(By Audrey Marlene)



Why is it so difficult for us to accept responsibility for our actions? We all like to feel important and have others have a high opinion of us. Some more than others develop an over-inflated view of themselves. These tendencies act to wrap us in what many call “denial”, which creates a false perception of self and the inability to accept the truth about us. It then becomes painful to accept that mistakes are possible and when we make them the first reaction is to point the finger at someone else. We refuse to think objectively and accept any involvement for our actions. Taking responsibility can be a very painful thing to do.

The inability to accept responsibility for our actions and behaviours is a result of insecurity. By taking responsibility one feels they are admitting to being weak, powerless, or an opportunity to lose the respect of others. It may cause one to feel they will lose their sense of value and importance.

On the contrary, taking responsibility earns you respect. We can't be perfect all the time, we all make mistakes. When we accept responsibility we are accepting the blame for our actions and also accepting the responsibility for making improvements in our lives. Accepting responsibility is a measure of one's self-worth, their level of security, and

the true sign of strength and courage. Having this ability can empower you to grow in ways that would bring you great rewards and accomplishments in your life.

Who would you have greater respect for, a person who takes responsibility for his/her actions, owns up to it and promises to do better in the future, or someone who perpetually denies any involvement in situations when it's obvious they may be responsible? Accepting responsibility is a sign of personal growth and maturity. It is definitely not a sign of weakness.

When you fail to accept personal responsibility for your actions there are a series of events that follow over time. The consequences do not necessarily promote goal achievement and success in life. The signals you send to the subconscious can come back to sabotage your progress.

One of the negative consequences that follow is an exaggerated sense of self that makes it difficult to get along with others.

You then run the risk of becoming involved in conflicting situations and becoming more critical of others. Because your perception of your importance is exaggerated, your expectation of others is unrealistic and you become impatient, intolerant, and demand-

PAU Offering on June 6, '09.

We would like to say THANK YOU to everyone who has given freely to PAU.

We pray that God will bless you abundantly. ¶



PAU will celebrate its 25 years of existence with a Reunion of former staff and students from across the Pacific from August 28th - 30th, 2009.

For those planning to travel from outside of Port Moresby, get to your nearest travel agency and book your flights NOW!

Look for updates in the *Harina* and also on the PAU website: www.pau.ac.pg. ¶

ing. With this attitude, you act as a repellent to others, finding it difficult to gain their cooperation. Your relationships can suffer and before long very few people would want to be around you.

When taking responsibility for your actions is difficult to accept, you experience frequent feelings of insecurity. These insecurities can trigger doubt about your own abilities, which undermines your self-confidence. In this state of mind you have a high need to be right at all times to compensate for what you feel you are lacking. You defend your every action, right or wrong. It compounds the already existing problem of being unable to accept personal responsibility and reinforces this behaviour even more.

Once this habit of refusing to accept personal responsibility is maintained, your character can become slowly transformed. You may tend to become someone who is irresponsible, a quitter, reliant on others, disturbed, unhappy, hopeless, angry, irrational, and defiant. These qualities are not success enhancers. They can eat away at your ability to achieve your best.

Examine your life today. Are you able to accept responsibility for your actions? ¶

First ever single parents retreat held at PAU



The first ever Single Parents Retreat was held last Sabbath (31 of May) here at Pacific Adventist University with 14 participants were in attendance.

The concept was initiated by Dr Aaron Lopa and wife Mrs Elizabeth Lopa under the Family Life Department of the PAU Church to meet the felt needs of its members or target areas.

“Most church ministries are so general that they do not meet specific needs.” He said. “Thus we are scratching where it is not itching. The church (local) must be more need-oriented in its ministries.”

“After we came up with the idea we enlisted the expertise of PAU faculty to be our hon-our presenters. For the married students we are running their program through the Student Services Department of the University. Thus the Church Departments must be seen as complementary rather than working in isolation for purposes of reporting only.” he added.

The presenters spoke on the various topics; single parents, coping with emotional psychological stress, ideal family, solving family conflicts, communication and letting go and letting God.

The participants expressed heartfelt appreciation to Pr Lopa and Mrs Lopa for organising the retreat. Although they lived and worked in the same community, this was

this was first time for them to get together as a group.

Mrs Goa Gagari, one of the participants said the event was an eye opener. It was very encouraging and enriching in terms of spiritual growth.

One of the presenters Mrs Piula Fukofuka said it was a truly Historic First! “Not only my heart was full to overflowing with the spiritual blessings of the day through its Bible Studies by Pr. Lopa, but my life was also challenged to action – to minister to specific needs in the church.”

She described the whole program as indeed spirit filled and encouraging to both participants and presenters “The participants were not just passively taking in information but were led to actively involve in a lot of group discussions of Bible passages, sharing of insights and reflection on powerful Biblical truths. I also saw it as a prayer saturated program with the prayer segments that follow each session throughout the day,” she said.

Pr Lopa thanked the presenters Mrs Ruth Galang, Mrs Piula Fukofuka, Mrs Fulori Bola, and Dr. Tracie Mafileo and their helpers for facilitating throughout the day.

Pr Lopa encouraged the participants to continue to build a single parents support group for prayer and support and encouragement. ¶

PAU library under construction

The above picture is the current progress in the library where the old administration used to be housed. The renovations started in April and is anticipated to be completed by the beginning of the second semester 2009.

According to the librarian Mrs Ita Kemba there will be a section for group study, two offices, a post-grad centre and a PC and study few work stations.

This renovation is made possible by a Division-wide PAU offering that was collected two years ago. The new renovation to the PAU library will no doubt help the library provide better and improved services for our staff and students and the community. ¶

Semester 1 exams over

The first semester exams end today and the students will have a break before beginning their practicum on the 22nd June 2009.

We wish you all the very best as in you practicum experience. For those going on holidays take care and we'll see back in Semester 2. ¶

PAU set to “Walk Against Corruption”

With the exams over many groups at PAU are gearing up for the “Walk against Corruption” (WAC), an annual event hosted by the Transparency International (PNG). PAU is fortunate and proud to be sponsored by Telikom PNG, Price Waterhouse Coopers, PNG Ports Corp., Credit Corp., POMCCI and Leadership PNG. PAU groups walking will be All Schools, PAU Teens and PAU Admin.

This will the biggest WAC ever.

Transport leaves 5am Sunday @ PAU library. Be good PAU Ambassadors!. ¶

EVENTS CALENDER

FRIDAY JUNE 12

7pm @ PAU Church

SATURDAY JUNE 6

Womens' ministry

6:00am @ PAU Church

Sabbath school - Tongan Community

9am @ PAU Church

Divine Service - Jennifer Litau

10:45am @ PAU Church

Worship Team - Womens' Ministry

AY - Musical AY

4:30pm @ PAU Church

ANNOUNCEMENTS

FROM THE CHURCH MUSIC

COMMITTEE

You can now e-mail your favorite song from the hymnal to their e-mail address:

paumusicfavourites@gmail.com

SCHOOL OF THEOLOGY has some books that students can borrow for a semester. It is expected that these books will be taken care of: no pages will be folded, nothing will be underlined or otherwise written on. No food or drink will be consumed in the vicinity of the books. If a student is found to have not taken care of the books, he or she will be fined K10 and receive letter of disapproval from the dean.

INVITATION

Prayer Breakfast & Baptismal Service

The Koiari Park Pidgin Church (KPPC) family wishes to invite the PAU community to join us in our prayer breakfast and baptismal service this weekend (June 13).

Starting Time: 5:30am – 8:30am

Location: Farm Market

Guest Speaker: Pr. Andrew Lukale (CPC General Secretary)



PAU invites all former students, staff and university community members to our

25th Anniversary Celebrations

Pacific Adventist University, Koiari Park Campus, Port Moresby.
Friday August 28th to Sunday August 30th.

Come and be part of our special event

Book your flights NOW!!!

For more details contact celebration@pau.ac.pg

Tel : (675) 328 0200