

## PAU participates in “World Earth Day”

Warren Marape

Just when the academic pressure is mounting, a short break and change of environment is an option to regain some composure. That is exactly the experience of thirty psyched up students who went to Ela Beach, at Down Town, Port Moresby on Sunday to be part of “Clean Ela Beach” team. These students were led by the DOSS, Simon Luke and some senior students like Aluwan Oli, Danny Wanpis and William Bundiara.

The “Clean Ela Beach” was organized by the US Embassy and sponsored by the National Capital District Commission and other business houses. Many individuals and businesses, including PAU, as represented by the DOSS, his two young daughters, and the thirty students, took part in this program.

The clean up was in commemoration of International Earth Day. Just as PAU believes in providing a clean and healthy place for people living on the campus, one of the goals of “Clean Ela Beach”, was to make the beach clean and healthy for Port Moresby residents.

Another goal of this clean-up had to do with Environmental pollution, and that was specifically to collect data and provide it to the Ocean Conservancy to help them monitor major pollution sources worldwide. Environmental pollution is one of the major concerns of the world today, and undeniably PAU shares this concern as well. This was evident when the thirty students joined the DOSS and his daughters voluntarily to help clean the beach.

Mr. Luke (DOSS) applauded the students for displaying the true spirit of service which PAU stands for. The students who took part in the beach clean up sacrificed their normal work line time, but had no regrets. The smiles and excitement written all over their faces spoke of how blessed they were to take part in this worthy clean-up program.

For those of you who missed out on the fun, next week Sunday will be your chance. That is when PAU will be involved in making flower gardens for the Cheshire Home. Many of the students who cleaned up the beach on Sunday expressed their willingness to be involved again next week. So, how many of us are willing to help the dear ones at Cheshire Home next Week? Plan ahead and organise your time to be true to the motto of PAU - “Educate to Serve”. Let us go and serve! ♣

## A weekend of moving experiences



Helen Arada in the Baptism pool with PAU Chaplain Pr Jeffrey Paul.

### Warren Marape

The “Jesus Saves” meetings that ran for a week, ended last week end with what many described as a “moving experience”, when many young people gave their lives to the Savior. On Friday evening, when the chaplain of PAU, Pr Jeffery Paul, made the appeal for young people to surrender their lives to Jesus, many students responded positively by walking humbly to the front, where ordained pastors prayed with them.

The appeal followed a powerful sermon by the Chaplain on the topic, “Jesus Saves by a Touch of Faith”. Pr Paul preached from the story in Mark 5 of the woman healed after

12 years of blood loss, to illustrate the instant healing power of Jesus over the power of sin. “Jesus is interested in you, and He alone has the power to heal you immediately of all the struggles you are going through, if you reach out to Him in a prayer of faith,” said Pr Paul.

The appeal also prompted many students to give up objects that were associated with the devil, to be burnt in the fire. The objects included necklaces, small stones, tree bark and CDs. An eye witnesses said, “some of

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# Kaukau or Saksak?

## Living with Cultural Differences

Pastor Graeme J. Humble

Why do you like kaukau while I prefer potatoes? Many people love rice whereas others crave for saksak. Why do certain cultural groups have distinctive favourite foods that are so important to them?

Perhaps it has something to do with what their mothers and extended families taught them.

Besides food, our culture has imprinted upon us a cultural roadmap that guides us within our own home environment. However, that roadmap does not work so well when we are in somebody else's cultural territory. We receive mixed directions.

For example, in my (Australian) culture it is considered rude to burp at a meal, but in other cultures a loud burp expresses thanks to the host for the delicious food. (Yes, please find culturally appropriate ways to commend the cooks in the dining hall, but not with a loud burp!)

How is it possible to live harmoniously in a multicultural setting such as PAU while not insulting one another? First, let's learn to respect each other's cultures. This means that we will be tolerant of each other's views and practices by not trying to impose on others our own way of seeing and doing things.

Second, practice the Golden Rule: "Do to others as you would have them do to you." A Christian spirit of kindness, patience and compassion goes a long way in helping live with each other's cultural differences.

Finally, try to understand why other people think and act differently. By 'walking in their shoes', you will gain new insights and become less judgemental.

Why not try cooking saksak instead of kaukau? Your taste will eventually adapt so that you enjoy the new flavours. And maybe, just maybe, you will come to the place, where you are able to say, as Jesus did, "Not my way, but your way." ¶

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the students who burnt these objects had fear and anxiety written on their faces".

The moving experience climaxed on Sabbath with the baptism of Helen Arada, a second year nursing student, and the decision by 39 young people to be baptized in the near future. The youngest of these were two 10 years old girls.

Miss Arada, who comes from a Catholic and Pentecostal background, challenged other students to give their lives to Jesus. "What are you waiting for? Give your lives to Jesus now".

The baptism followed another powerful sermon by Pr Aaron Lopa on the subject, "Jesus Saves as Symbolized by Baptism". The punch line of the sermon was that baptism is an outward expression of an inward acceptance of the salvation offered by Jesus. Meanwhile, these moving experiences testify of God's limitless power over the limited power of Satan. ¶



Students recommit during the Friday night "Jesus Saves" program.

# Manus MP visits PAU



Manus student President Roan Paul with Manus MP Mr Job Pomat.

## Konea Lavaiamat

PAU is a multicultural community and in it we find a little community from the Admiralty Islands. Yes! It's none other than the beautiful island of Manus.

It was an honour to have the presence of the open member for Manus, Mr. Job Pomat at the gathering organised by the Manus community last Sunday. Students, faculty and staff members who were from Manus were all present. This was an important moment because in the past there has not been members of parliament or important dignitaries present.

The president of the Manus student association, Mr. Roan Paul, welcomed everyone and the program started with a devotional thought based on unity. The minister gave an encouraging speech regarding "working together to make things happen for the betterment of the community", which applies to all other aspects of life. Because Manus is a small island with not many resources, Mr Pomat challenged students to make a difference for their community after they complete University.

Upon hearing that the Manus students were planning outreach programs, the minister donated some funds to help the students with those programs. He mentioned that his number one priority was to finish the work of the gospel.

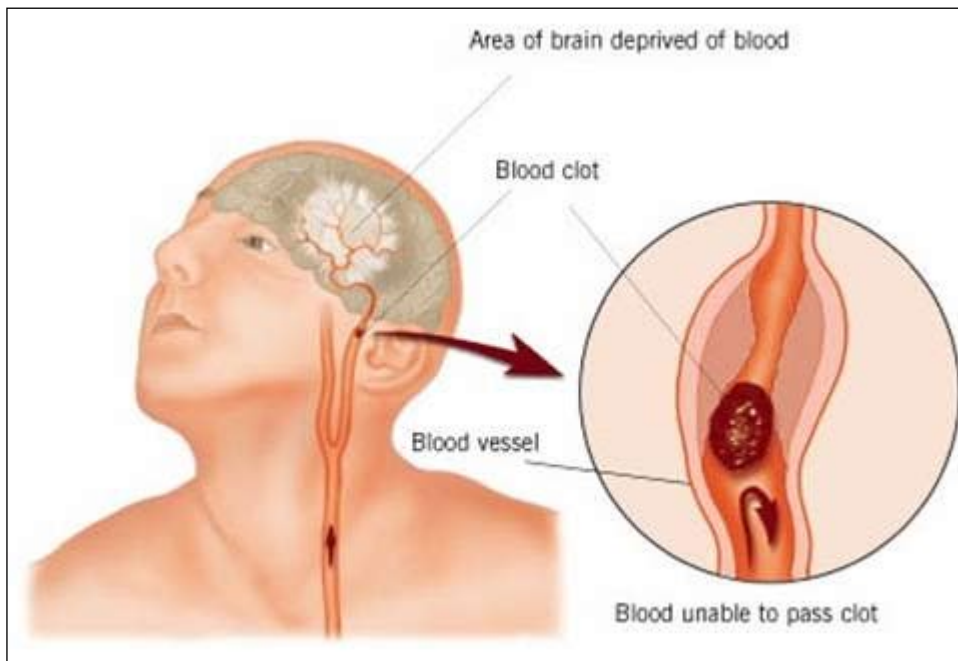
The visit was an incentive to motivate the Manus students to work together and strive for nothing but the best. It was a good time of fellowship and bonding with another. ¶

## Dealing with Procrastination

*If you find it difficult to actually START working on assignments, come along and learn some goal setting and motivation techniques*

**Thursday 1st May 4-5pm in T5  
By Dr Tracie Mafileo and students**

# You could save a life



STROKE: Remember The 1st Three Letters... S.T.R .

**STROKE IDENTIFICATION:**

During a party , a friend stumbled and took a little fall - she assured everyone that she was fine and just tripped over a brick because of her new shoes. (they offered to call ambulance)

They got her cleaned up and got her a new plate of food - while she appeared a bit shaken up, Ingrid went about enjoying herself the rest of the evening. Ingrid's husband called later telling everyone that his wife had been taken to the hospital - (at 6:00pm , Ingrid passed away.)  
She had suffered a stroke at the party . Had they known how to identify the signs of a stroke, perhaps Ingrid would be with us today.

Some don't die. They end up in a helpless, hopeless condition instead. It only takes a minute to read this...

**STROKE IDENTIFICATION:**

A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke...totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

**RECOGNIZING A STROKE**

Remember the "3" steps, STR . Read and Learn!

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster.

The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.

Now doctors say a bystander can recognize a stroke by asking three simple questions :

- S \* Ask the individual to SMILE .
- T \* = TALK. Ask the person to SPEAK A SIMPLE SENTENCE (Coherently) (eg " It is sunny out today" ).
- R \* Ask him or her to RAISE BOTH ARMS .

If he or she has trouble with ANY ONE of these tasks, call the ambulance and describe the symptoms to the dispatcher.

NOTE : Another 'sign' of a stroke is  
1. Ask the person to 'stick' out their tongue.  
2. If the tongue is 'crooked', if it goes to one side or the other that is also an indication of a stroke.

A prominent cardiologist says if everyone who gets this e-mail sends it to 10 people; you can bet that at least one life will be saved.

**....and it could be your own.....**

FRIDAY APRIL 25  
MA STUDENTS  
7PM @ PAU CHURCH

SATURDAY APRIL 26  
Branch Sabbath School  
6AM PICK UP @ LIBRARY

Women's Ministry  
6AM @ PAU CHURCH

Sabbath School  
MOMASE COMMUNITY  
9AM @ PAU CHURCH

Divine Service  
Dr Branimir Schubert  
10.45AM @ PAU CHURCH

Pathfinders and Adventures  
2.30pm @ PAU CHURCH

Bible Marking  
2pm at T1  
W

Adventist Youth (A.Y)  
4.30PM @ PAU CHURCH

**NOTICES**

Intending Baptismal Candidates  
meeting with Pr Jeffrey Paul  
10.00am @ SOHS Lecture Theatre

Special Nurturing Prayer Meeting  
Pr Jeffrey Paul & Campus Ministry  
6.45 - 7.45pm @ T5

## Beri Meare DROP-IN times

<b>Monday</b>	12.30pm	to	2.30pm
	7.30pm	to	9.30pm
<b>Tuesday</b>	12.30pm	to	2.30pm
<b>Wednesday</b>	12.30pm	to	2.30pm
<b>Thursday</b>	12.30pm	to	2.30pm
	7.30pm	to	9.30pm
<b>Friday</b>	11.00am	to	12.00pm

DROP-IN times are when any PAU student, staff or family member may "DROP-IN" to the Beri Meare meeting room to relax, to use the resources, have someone pray for them or to talk to someone